

LEADER'S GUIDE

LET'S TALK ABOUT:

Purpose

WELCOME

Welcome your dads and kids. Serve breakfast.

PRIDE EXERCISES

Have dads turn to their child and say *"I'm proud of you this month because..."*

SHOUT IT OUT

What does it mean for something to have purpose? Have the kids shout out their answers.

VIDEO

Say: Have you ever wondered why your parents, teachers, or coaches ask you to do something? You are trying to discover the purpose of it. Purpose is the meaning behind why something is done, said, created, or exists. As this clip shows, sometimes there is great purpose even in the little things we do.

After the video say: Dads and kids, think about what you saw and let's talk about it.

DISCUSSION

GROUP QUESTIONS

What is the purpose in the jacket exercise?

How does the boy respond to it in the beginning?

How does his attitude change as he learns the purpose of the exercise?

How important do you think it is to know the purpose of what we do or who we are? Why or why not?

DAD & KID DISCUSSION QUESTIONS (print + pass out discussion card printable)

Dad to Kid: What is one thing I ask you to do that you don't enjoy? What do you think is the purpose of it?

Dad to Kid: What is something you would like to do that has a great purpose?

Kid to Dad: What is one thing you do because it has a great purpose?

Kid to Dad: Why do you consider the purpose of that thing important?

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ACTIVITY

3 STARS AND 1 WISH

Materials: Colored or plain paper, markers, pens or pencils

Say: Each of us has a purpose for our life. As a kid, you can start now to decide what your purpose is. Let's take a moment to dream.

Instructions: Have the kids draw three (3) stars and a rectangle anywhere on the paper (Ask the dads to help.). Ask the kids to come up with three (3) things they do well and write each in or around the stars. This can be anything about themselves, school, or their activities. Then ask them to come up with a wish. This can be something they need, something want to do better, or a goal. Write the wish in the rectangle. Once everyone is done, ask volunteers to share with the group. Have the dads and kids take home the sheets and display them in a prominent place. Suggest having the entire family look at the goal and see how they can help the child achieve it.

FATHER TIME READING CHALLENGE

Say: Children who are read to frequently and who are encouraged to read on their own often have stronger vocabulary, math, and writing skills. Shared reading also has the additional benefit of promoting closeness between you and your children. This is why we have the Father Time Reading Challenge. To make it easy, we have selected books on this month's topic for you to read to or with your kids. **These books are located on the Bring It Home resource on your member dashboard.**

ENCOURAGE MEMBERSHIP

Tell the dads the benefits of becoming an All Pro Dad Chapter member by sharing the following points. Then explain how to become a member.

Say: You know that one hour a month in a chapter meeting has a huge impact on your father-child relationship. Here are other benefits for becoming a member. You'll receive:

- The All Pro Dad Play of the Day daily email with tips on how a dad can be a hero to his kids.
- The Bring It Home resource, which you can use to go deeper with you kids every month at home.
- Chapter meeting notifications so you don't miss a single opportunity to connect with your kids.

TO BECOME A MEMBER DADS CAN

1. Visit <http://allprodadchapters.com/chapters>
2. Find your chapter.
3. Select "Join Chapter."

WRAP UP

Thank dads and kids for joining! Tell them to login at allprodadchapters.com to download the Bring It Home resource from their member dashboard. Announce the next meeting and encourage them to invite someone new.

TEAM CAPTAINS:

Please remember to submit your meeting report through your Team Captain Dashboard.

