

BRING IT HOME

LET'S TALK ABOUT:

Purpose

BIG IDEA

Purpose is the reason for our actions and/or existence. It is what gives us direction in our lives and decisions. Ultimately, our purpose is the why behind what we do. When we lack an understanding of the purpose, we are prone to wander aimlessly or to become frustrated in confusion. However, when we understand the purpose of our existence, we have clarity in where we want to go and what we want to be.

ACT IT OUT

Whenever you tell your kids to do something, also explain why you want them to do it. For example, giving them chores around the house is wonderful. However, it becomes even more meaningful when you explain to them that it helps develop their sense of responsibility, self-discipline, work ethic, and potentially an understanding of earning money.

READ ABOUT IT

Check out these articles from All Pro Dad for more resources.

- 10 Ways to Find Purpose**
allprodad.com/10-ways-to-find-purpose/
- Go with Purpose at Work and at Home**
allprodad.com/go-with-purpose-at-work-and-at-home/
- Is There Purpose in Pain?**
allprodad.com/is-there-a-purpose-for-pain/

CALENDAR YOUR KIDS

Take each of your children out for a one-on-one breakfast. Ask them what they think their skills and natural talents are. Talk to them about what they would like to do with those skills. Find out what your kids are passionate about and what their dreams are. Encourage them to continue to learn how they can use those talents to serve a great purpose.

TALK ABOUT IT

Week 1	Why do you think purpose is so important?
Week 2	How often do you think about the purpose of what you are doing?
Week 3	Does knowing the purpose of what you are doing give you greater motivation? Why or why not?
Week 4	What is one thing you have done this month that had a wonderful purpose?

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BOND THROUGH READING

PreK-1 st Grade	2 nd -3 rd Grade	4 th -5 th Grade
<i>Green Green, A Community Gardening Story</i> by Marie Lamba & Baldev Lamba	<i>Henry and Mudge Take the Big Test</i> by Cynthia Rylant	<i>Whoosh! Lonnie Johnson's Super-Soaking Stream of Inventions</i> by Chris Barton
<i>Tortoise and the Hare</i> by Aesop	<i>Going Places</i> by Peter & Paul Reynolds	<i>In the Year of the Boar and Jackie Robinson</i> by Betty Bao Lord
<i>Stand Tall, Molly Lou Melon</i> by Patty Lovell	<i>Maria Finds Courage</i> by Tony & Lauren Dungy	<i>Charles Drew: Doctor Who Got the World Pumped Up to Donate Blood</i> by Mike Venezia

